Universal Design for Learning (UDL) and Quality Matters Rubric Connections

Connecting CAST's [Universal Design for Learning Guidelines](#) Checkpoints and [Specific Review Standards](#) in the Quality Matters [Higher Education Rubric, Seventh Edition](#).

Universal Design for Learning Checkpoint	Quality Matters Specific Review Standard(s)
1.2: Offer alternatives for auditory information.	8.5
1.3: Offer alternatives for visual information.	8.4
2.4: Promote understanding across languages.	2.3
2.5: Illustrate through multiple media.	4.5
3.2: Highlight patterns, critical features, big ideas, and relationships.	4.5
5.1: Use multiple media for communication.	4.5, 5.3, 8.4, & 8.5
5.3: Graduated levels of support.	3.4 & 3.5
6.2: Support planning and strategy development.	2.1, 2.2, & 5.4
6.3: Enhance capacity for monitoring progress.	3.3 & 3.5
7.1: Optimize individual choice and autonomy.	4.5 & 6.3
7.2: Optimize relevance, value, and authenticity.	2.3, 2.4, 5.2, & 6.2
7.3: Minimize threats and distractions.	8.2
8.2: Vary demands and resources to optimize challenge.	6.3
8.4: Increase mastery-oriented feedback.	3.5 & 5.3
9.3: Develop self-assessment and reflection.	3.5

Initially shared during the [QM Connect 2023](#) & [Quality in Action 2024](#) presentation "Opening the Door to a More Inclusive and Equitable Learning Environment with UDL: Connecting UDL Guidelines and Quality Matters Specific Review Standards".