# Creating Presentations and Handouts for Elevated Student Usability to Reduce Cognitive Load

QM – Research Online Conference

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### Introductions – Team BAT



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### Outcomes



1. Identify challenges with creating online presentations



 Discuss strategies to elevate the usability of materials by managing cognitive load while integrating principles of UDL.



3. Facilitate a discussion on best practices for creating usable materials

# Challenges with Online Presentations

Supporting Research

### Engagement and Attention



#### (Hrastinski, 2019; Mayer et al. 2001; Means et al., 2013)

### Cognitive Load Management



(Mayer, 2005; Sweller, 1994, 2011)

### Accessibility and Inclusivity



(Burgstahler & Cory, 2008; Hargittai & Walejko, 2008)

### Technological Constraints



(Lew & Schmidt, 2011; Seok et al, 2015)

#### Designing Interactive Elements



(Hone & El Said, 2016)

# Connection between UDL and Cognitive Load

Supporting Research

# Universal Design for Learning (UDL)

- equitable use
- flexibility in use
- simple and intuitive use
- perceptible information
- tolerance for error

#### **Does accessibility = usability?**





# Cognitive Load

- Constraints of human cognitive architecture (Amadieu et al., 2011; Pink & Newton, 2020; Rey, et al., 2019)
- increases intrinsic cognitive load (Leahy & Sweller, 2016)
- Splitting Attention (Costley, at al., 2018)

# Connections

Representation	Engagement	Expression	Metacognition	Optimize Materials
Chunking Information (Mayer & Moreno, 2003)	Interactive Learning Activities (Mayer & Moreno, 2003; Hone & El Said, 2016)	Varied Assessment Formats (Rose & Meyer, 2002; Hattie & Timperley, 2007)	Explicit Instruction (Mayer & Moreno, 2003; Hattie & Timperley, 2007)	Accessible Design (Burgstahler & Cory, 2008; Hargittai & Walejko, 2008)
Visualize Concepts (Mayer, 2005; Rose & Meyer, 2002)	Choice in Learning Pathways (UDL Center 2012)	Scaffolded Learning Opportunities (Rose & Meyer, 2002; Sweller, 2011)	Reflective Practices (Hone & El Said, 2016; Bransford et al., 2000)	Clear and Consistent Design (Mayer, 2005; UDL Center, 2012)

# How can materials be more user friendly?

**NEW Research** 

How do the integration of Universal Design for Learning principles and the application of Cognitive Load Theory strategies impact the learner experience in online lectures?

Working research question

## Step 1: Rubric

- 1. Organization and Clarity
- 2. Content Density and Complexity
- 3. Readability
- 4. Visual Design Layout



Step 2 – Assess Narrated Presentations

ACCBE Courses that meet college design standard 6 (combines SRS 8.3, 8.4, and 8.5)

Multiple means of representation



## Step 3 – Learner Experience

Survey students



### Reflections & Questions



# Thank you!



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